

# Scrunchies



Learn to make Scrunchies in minutes. Use for your hair or some fun party ideas! Scrunchies YAY! But not just for hair,

Certainly those of us with longer hair or with long haired daughters or grand daughters know the scrunchie.

But did you know that you could make one in minutes on your serger? OR that they are not just for hair?

Let's learn how to make the basic scrunchie...

I start with a piece of fabric 20-22" long and 4  $\frac{1}{2}$ " wide. You can get 2 pieces/scrunchies from an 1/8 yard!





Fold the long side in  $\frac{1}{2}$  (right sides together) then serge (3 or 4 thread balanced stitch mode) the short ends together.



For elastic, I use size #64 rubber bands. They are strong and work perfectly.. no knots in elastic etc in this project!



Pick up the sewn piece in the middle at one end and simply gather it up in your hand



Place your rubber band over the top and hold it center then wrap the band twice.

Now you have a piece of fabric that looks kind of like a corn shock. Rubber band in



the middle and the raw edges free.

Set your serger for rolled edge. Bring the wrong sides together matching the seam at the one end and place under your serger foot.

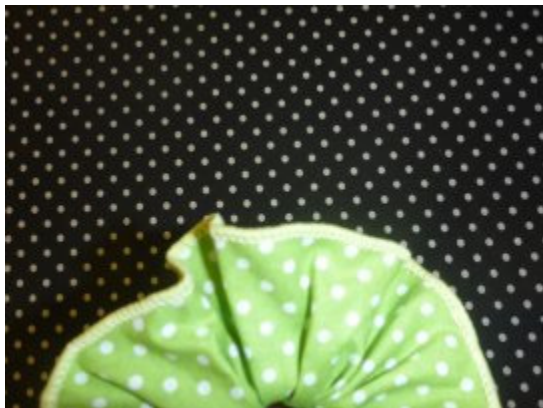


You should work slowly bringing top and bottom fabrics together and stitching them in short bursts until you get to the beginning of the serging again.

In this project I used woolly nylon in the upper looper and sewing thread in the lower looper and the needle. When using thicker threads like woolly nylon be sure and test your settings for the upper looper. the tension will have to be LOWERED to compensate for the thickness of the thread. Also, woolly can be stitched using a longer stitch length as it fills in the gaps beautifully.

When completing the circle, I like to stitch a few stitches over the first stitches and then stop the serger, raise the foot and gently pull the fabric back and away from the needle and then serge off cutting the threads with a 2-3" tail.

Apply a drop of "fray check" to the stitching and the fabric at the base of the tail. Let the fray check dry before cutting the tail off.



VOILA!!! A scrunchie!

I also like them as napkin rings and some other fun decor uses. See the napkin project for more details